



Pioneering Socioeconomic Solutions & Development

Module Code: RE9-12

Module Title: Self-Sufficiency in Resilient Economies

Faculty: Socioeconomy

Level: 9 Semester: Two

Credits: 15

First year of presentation: 2024

Administering Faculty: Dr. Mohamed Buhijji

PRE9-requisite or co-requisite modules:

1.0 Allocation of study and teaching hours

Student hours allocation	Student Hours	Staff hours
Lectures (Taking Discussion Notes, Participation in Visits and Active Contribution)	10	50
Practical classes/ Presentations/ (Module Project & Presentation)	35	20
Inspiration Labs	50	50
Self-directed study, Set reading etc. (Student case studies)	15	_____
Assignments – preparation and writing	15	10
Examination (Open Book) – Assessment	25	20
TOTAL	150	150

2.0 Brief description of aims and content

The module focuses on the theory of (self-sufficiency) that enables economic interdependence and increases the opportunities for exploration of internal resources. The student learns about the role of self-sufficiency in the socioeconomic development and the ways of restoring flexibility. The module would discuss also the role of society in appreciating the available natural resources, which leads to (thinking abundance). The module reviews and examines examples of improving living standards compared to limited capital, especially in rural areas. The theory contributes to building equality in economic affairs as well as the stability of international and community relations. The student will have the opportunity to explore and get acquainted closely with how to build self-sufficiency in his society as a flexible economic practice that contributes to the development of societies and ensures their sustainability.

3.0 Learning Outcomes

3.1 Knowledge and Understanding

The students of this module will have acquired the following learning and experience:

- i. Critically Understand what it is important in about Self-Sufficiency
- ii. Evaluate when and how: Self-Sufficiency is created.
- iii. Test the Self-Sufficient models suitable for the different communities & organizational situations.



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- iv. Effectively illustrate creation of small Self-Sufficient based models in real-life situation.
- v. Apply critical thinking in analyses and syntheses of the Self-Sufficiency models achieved and areas for improvement.

3.2 Cognitive/Intellectual skills/Application of Knowledge

Having successfully completed all the modules of resilience economy, students should be able to:

- vi. see opportunities inside contemporary and future challenges, using lots of positive psychology techniques;
- vii. Solve, Develop, Improve life and livelihoods conditions in the communities, whether in urban or rural areas.
- viii. Specialise in eliminating poverty, improving equality, and empower the vulnerable.
- ix. Work on creating participatory community programs in collaboration with government and NGOs.
- x. Identify opportunities and work on improving of fostering collective strategies to maximise the successes from the management of change efforts.
- xi. work with the employees to improve the culture of the organisation and adapt to new conditions or ensure the transition or transformation to the new state.

3.3 Communication/ICT/Numeracy/Analytic Techniques/Practical Skills

Having successfully completed the module, students should be able to:

- xii. Develop awareness about the importance of Self-Sufficiency to improve the capacity of the culture to adapt or coop to new conditions or ensure the transition or transformation to the new state.
- xiii. Illustrate how optimize Self-Sufficiency using the observations and the opportunities that come with the different conditions that conflicts, crisis, disasters brings and how they all play enhancing the final outcome of targeted socio-economic change.
- xiv. Critically evaluate the readiness of the targeted community about its capacity to face challenges, problems from multiple sources and perspectives that would lead to more self-sustenance and self-sufficiency.

3.4 General Transferable Skills

Having successfully completed all the modules of Resilience economy programme, students should be able to:

- xv. Identify, or exploit opportunities around the problem and then to analyse them to develop short- and long-term solutions.
- xvi. Be Unique in research, and creativity, besides can work with diversified teams.
- xvii. Demonstrate profound knowledge in the field of Resilience Economy and its related practice while applying its relevant theoretical and practical frameworks.
- xviii. To synthesise and critically evaluate with empathy challenges, problems, ideas, opportunities and observations from multiple sources and from



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different perspectives, i.e. with holistic thinking, in order to develop coherent and evidence-based arguments.

- xix. Creatively and systematically address complex socioeconomic issues and develop practical and innovative solutions.

4.0 Indicative Content

- a) Introduction to Self-Sufficiency and its historical background
- b) Reviewing how 'Self-Sufficiency' impact the Community Socioeconomic Development
- c) Tools of Self-Sufficiency
- d) Adoption & Tolerance as Tools of Self-Sufficiency
- e) Self-Sufficiency in Uncertain Times

5.0 Learning and Teaching Strategy

	<i>Topics covered</i>	<i>CILOs</i>	<i>Teaching Method</i>	<i>Assessment</i>
1	<i>Introduction to Self-Sufficiency and its historical background</i>	i. ii.	<i>Lecture/ Discussion</i>	<i>Active Participation</i>
2	<i>Reviewing how 'Self-Sufficiency' impact the Community Socioeconomic Development</i>	iii. iv.	<i>Lecture/ Case Studies, Students Presentations & Discussion</i>	<i>Assignment #1</i>
3	<i>Tools of Self-Sufficiency</i>	X, xi, xii,	<i>Lecture/ Discussion/ Projects/ Case Study</i>	<i>Case #1 Inception of Module Project</i>
4	<i>Adoption & Tolerance as Tools of Self-Sufficiency</i>	Viii, xiv	<i>Research Analysis Application</i>	<i>Research & Active Participation</i>
5	<i>Self-Sufficiency in Uncertain Times</i>	Xv, xi,v	<i>Lecture/ Students Presentations, Discussion</i>	<i>Project Continuation</i>

Open Book Exam

6.0 Assessment Strategy

- Taking Discussion Notes,
- Participation in Visits and Active Contribution
- Assignments
- Students Case Studies
- Module Project & Presentation
- Final (Open Book Exam)

7.0 Assessment Pattern



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Components	Weighting (%)	Learning objectives covered
In-module assessment:	30%	
Taking Discussion Notes, Participation in Visits and Active Contribution		1,2,3,4,5,6
Assignments		
Students Case Studies		
Final assessment:	70%	
Module Project & Presentation	45%	
Final Assessment (Open Book Exam)	25%	1,2,3,4,5

8.0 Strategy for feedback and student support during module

Each Presentation is marked, marks post on the module Web on the University Postgraduate Online Campus Platform, with immediate feedback (direct contact with the student or contact through the online modules platform); Specimen examination papers and solutions available.

9.0 Indicative Resources

Besides the international references in the relevance to the module, the following are the IIEP published research:

Book of Reference No 1

Buheji, M (2018) Understanding the Power of Resilience Economy: An Inter-Disciplinary Perspective to Change the World Attitude to Socio-Economic Crisis, AuthorHouse, UK.

Book of Reference No 2

Buheji, M (2020) 'Visualising Resilient Communities', Authorhouse Publishing, UK. (Published in Feb). ISBN 978-1-7283-9928-7.

Book of Reference No 3

Buheji, M. (2018) RE9-Inventing Our Lives, A Handbook for Socio-Economic "Problem-Solving", AuthorHouse, UK. ISBN- 978-1-5462-9840-3.

Paper References

- Buheji, M. (2017) Understanding Mechanisms of Resilience Economy- Live Application on a Complex Business Model. Advances in Social Sciences Research Journal, 4(14), pp. 52-64.
- Buheji, M (2020) Self-Sufficiency Network for Addressing & Responding to COVID-19 & New Normal Issues, Global Self-Sufficiency Network Webinar 17 May, 2020.
- Buheji, M; Vovk Korže, A; Eidan, S; Abdulkareem, T; Perepelkin, N; Mavric, B; Preis, J; Bartula, M; Ahmed, D; Buheji, A; Chetiayein, T; Awad, Y; Beka, G; Kakoty, P; Das, R (2020) Global Self-Sufficiency Network-A Collaborative



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Approach for Addressing Post-COVID-19 Challenges. *Business and Economic Research*, 10 (3): 1-22.

- Buheji, M; Vovk Korže, A; Eidan, S; Abdulkareem, T; Perepelkin, N; Mavric, B; Preis, J; Bartula, M; Ahmed, D; Buheji, A; Chetiayein, T; Beka, G; Kakoty, P; Das, R (2020) Optimising Pandemic Response through Self-Sufficiency - A Review Paper, *American Journal of Economics* 2020, 10(5): 277-283.
- Buheji, M. (2018). Role of Empathetic Engineering in Building More Resilient Green Economy. Case Study on Creating Resilient Self-Sufficient Food Security Programs in Middle East. *Advances in Social Sciences Research Journal*, 5(3) 148-157.
- Buheji, M (2015) Book Review 'Resilience' for Andrew Zolli and Ann Healy, *Journal of Inspiration Economy*, Vol 2, Issue.1,
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10.0 Other resources used (e.g. e-Learning, field visits, periodicals, software, etc.):

- a) Additional required materials will be provided throughout this module in a soft copy.
- b) Field Visits will be arranged based on students availability in the Morning or Afternoon to certain entities that have managed to bring solutions for complex problems, or have a problem that needs to be investigated.
- c) Case Studies of both Resilience and similar concepts that lead to love models creation that influenced the socio-economy.

11.0 Module Team

To be announced once HEC give provisional approval

Dr. MOHAMED Buhijji
Professor FAIZ Galloui
Professor NADA Trunk
Dr. DUNYA Ahmed

Module coordinator: Dr. Mohamed Buheji & TBA (Program Advisory Board)
Email: buhejim@gmail.com



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UNIT APPROVAL

Faculty	Dean /Director	Date
1	Signature	
	1.Dr. MOHAMED Buheji (Founder International Inspiration Economy Programme)	
	Signature	
	2. Mr.(Director Quality Assurance SIAS) To be recruited once HEC grant provisional approval for SIAS	
2	Signature	
	3.Prof. Dunya Ahmed (Vice-Chancellor SIAS)	
	Signature	

Seen and noted

Library	Signature	
	Print Name Pending Recruitment after HEC approval	
ICT	Signature	
	Print Name Pending Recruitment after HEC approval	
Quality Office	Signature	
	Print Name Pending Recruitment after HEC approval	
VRAF (Director Finance) SIAS	Signature	
	Print Name Pending Recruitment after HEC approval	





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